



Fitness & Recreation Specialist

MISSION STATEMENT

Rainbow Acres, a residential Christian community with heart, empowers persons with developmental disabilities to live to their fullest potential with dignity and purpose.

JOB TITLE: FITNESS & RECREATION SPECIALIST

DEPARTMENT: Rainbow Academy

REPORTS TO: As assigned

EMPLOYMENT STATUS: Part Time or Full Time; some weekend hours required.

SUMMARY: The Fitness & Recreation Specialist is responsible for encouraging healthy life long habits for our residents through the creation of a robust fitness program. He/she works collaboratively with members of the Academic Team to design classes and activities that drive the achievement of Residents goals. The Fitness & Recreation Specialist fosters a safe and fun environment; monitoring the residents to ensure activities are performed in a safe manner. He/she ensures equipment is in good working order. This is a safety sensitive position.

REQUIREMENTS:

- High School diploma or GED with two years of experience leading a recreation, fitness, or sports programs; or four year degree and/or certification in applicable area; or a combination of qualifications demonstrating aptitude in recreation, sports, fitness, or adult leisure activities.
- Evidence of strong ethical standards and moral character is essential along with sensitivity to the needs of the residents. Strong Christian commitment desirable.
- Valid Arizona Driver License and ability to safely operate a vehicle.
- Possess basic word processing, computer skills, and use of standard office equipment.
- Ability to maintain an Arizona Fingerprint Clearance Card; required for safety sensitive position.

PROFESSIONAL RESPONSIBILITIES:

- Oversee the general fitness, recreation, and exercise program for the residents.
- Work as team member to promote overall good health and wellness of ranchers.
- Collaborate with Rainbow Acres Academy colleagues in the creation and implementation of the residents' class schedules.
- Plan, assist, and supervise residents in exercise and activities such as bocce ball, basketball and ping pong.
- Lead or assist with special, campus-wide special events.
- Provide support to residents who participate in Special Olympics.
- Keep accurate records for each residents' exercise session.
- Communicate incidents, falls, or changes in residents' status to Managers, Nurse or Caregivers as needed.
- Report monthly updates on residents' progress to appropriate departments.
- Clean and sanitize exercise equipment between uses and at the beginning/ending of each day.
- Ensure all exercise equipment is in proper working order and towels are clean. Arrange for equipment repairs, when needed.



PHYSICAL DEMANDS:

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. While performing the duties of this job, the employee is frequently required to stand; walk; have great dexterity of hands and arms; stoop; kneel; and talk; or hear. The employee may be required to lift and/or move up to 50 pounds.

WORK ENVIRONMENT:

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. The working environment is generally an indoor setting. Outdoor setting for sports events may include heat, cold, wind, and sun for outdoor sports.